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NOVEMBER / DECEMBER 2024

# UNDERSTANDING THE RISING IMPACT OF INHERITANCE TAX

EXPLORING STRATEGIES TO SECURE YOUR  
FAMILY'S FINANCIAL FUTURE



#### MAXIMISING RETURNS

The power of reinvesting dividends  
for long-term growth

#### WHO PAYS FOR LONG-TERM CARE?

Ensure you're well placed to  
fund any future care needs

#### A SAFETY NET FOR UNCERTAIN TIMES

How would you pay your bills if  
you couldn't work?

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# INSIDE THIS ISSUE

**Welcome to our latest issue.** The amount of Inheritance Tax (IHT) paid by families has dramatically increased over the past decade, increasing from £3.1 billion in the 2012/13 tax year<sup>[1]</sup> to £7.5 billion in the 2023/24 tax year<sup>[2]</sup>. This rise is attributed to growing asset values and stagnant IHT thresholds, coupled with many families delaying their planning. On page 08, we look at how to maximise IHT allowances, strategic planning to reduce IHT, tax-efficient gifting and transfers, utilising pensions for IHT efficiency and additional strategies for reducing IHT.

Dividends represent the portion of a company's profits distributed to its shareholders. Although often underestimated, reinvesting dividends is a formidable strategy, harnessing the power of compounding to deliver substantial growth over time. On page 06, we consider how this effect means your investment can grow even if a share or the broader stock market shows minimal appreciation or decline.

Many people prefer to avoid the subject of long-term care. Most find it hard to contemplate going into a care home when they are older, but many will do so eventually. However, planning for these potential expenses is important before they become urgent. The NHS, while a cornerstone of healthcare in the UK, only covers care costs in specific circumstances, primarily when related to medical health needs. Turn to page 13.

In today's unpredictable world, safeguarding financial stability is more crucial than ever. Many of us would struggle to keep up with our essential outgoings, such as mortgage and rent if we lost an income due to illness or an accident. Whether you're employed or self-employed, income protection is a long-term insurance policy designed to ensure you receive a regular income until you either retire or are fit to return to work. Turn to page 12 to find out more.

A complete list of the articles featured in this issue appears opposite. This issue was published before the Chancellor, Rachel Reeves, delivered the Autumn Budget Statement 2024 on 30 October. In our upcoming issue, we'll provide comprehensive coverage of all the key announcements and analyse their potential impact on your finances.

## READY TO TAKE CHARGE OF YOUR FINANCIAL DESTINY?



Whether you're dreaming of a comfortable retirement, eager to invest in your future, or aiming to protect your wealth, we're here to support every step of your financial journey. Contact us today to discuss your goals for a financially secure and vibrant future. Remember, your path to financial success starts with one bold move.

**Source data:**

- [1] <https://www.gov.uk/government/statistics/inheritance-tax-statistics-table-121-analysis-of-receipts>
- [2] <https://www.gov.uk/government/statistics/hmrc-tax-and-nics-receipts-for-the-uk/hmrc-tax-receipts-and-national-insurance-contributions-for-the-uk-new-annual-bulletin#inheritance-tax>

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# RETIREMENT READINESS IN YOUR 50s

NOW IS THE TIME TO MAKE SURE YOU KNOW HOW MUCH YOU NEED TO SAVE

As you enter your 50s, retirement looms larger on the horizon, making it crucial to ensure your finances are optimally positioned. This stage of life demands a coordinated and joined-up approach to financial planning to enjoy retirement on your terms. An essential step is to clarify your retirement goals.

**While saving for retirement** might have been a long-standing objective, now is the time to know how much you need to save. This target will depend on when you plan to retire, your retirement lifestyle aspirations and factors like projected investment growth and inflation.

## REVIEWING YOUR INVESTMENT PORTFOLIO

With retirement approaching, assessing whether your investment portfolio effectively balances risk and reward is vital. The appropriate level of investment risk varies based on your retirement funding strategy and timeline. If you're considering purchasing an annuity, progressively shifting your pension fund from stocks to lower-risk assets, such as cash, can safeguard against market volatility.

Conversely, if your retirement strategy involves income drawdown or other investments, maintaining exposure to equities can support long-term growth, shielding your savings from inflation's erosive effects.

## FOCUSING ON PENSION CONTRIBUTIONS

Pensions are highly effective retirement savings vehicles, particularly in your 50s, due to the tax relief on contributions. In the current 2024/25 tax year, for basic rate taxpayers, a £1,000 pension contribution effectively costs £800, while higher rate taxpayers pay £600, and additional rate taxpayers pay £550, assuming the full gross contribution is matched by income taxed at those levels. This tax relief acts as a government-subsidised boost to your retirement fund.

Most individuals can contribute up to 100% of their UK relevant earnings or £60,000 less any employer contributions plus any carry forward (2024/25 tax year) while benefiting from tax relief up to age 75. If your income is very high, your pension annual allowance might be lower, but unused

allowances from the previous three years may be able to be utilised under carry-forward rules.

## MAXIMISING TAX ALLOWANCES

Beyond pensions, several tax allowances can enhance your investment strategy. You can invest up to £20,000 a year (2024/25 tax year) into Individual Savings Accounts (ISAs), securing tax-efficient growth and withdrawals. This flexibility benefits those retiring before age 55, providing a valuable income source.

Other allowances include the personal savings allowance, dividend allowance and Capital Gains Tax exemption, allowing for tax-free interest, dividends and gains within specific limits. We can assist in optimising these allowances to ensure your portfolio is structured for maximum tax efficiency.

## IMPORTANCE OF PROFESSIONAL GUIDANCE

The investment choices you make in your 50s can significantly influence your retirement lifestyle. While there's still time to fortify your savings, missteps can derail your plans. Professional financial advice is invaluable in navigating these challenges. We'll evaluate whether your portfolio aligns with your goals and ascertain if you're on track for the retirement you envision. ◀

## WILL YOU SECURE A FULFILLING AND FINANCIALLY STABLE RETIREMENT?

Contact us today for tailored advice that accommodates your unique circumstances and aspirations. Let us help you secure a fulfilling and financially stable retirement. We look forward to hearing from you.

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# HOW DOES PENSION CONSOLIDATION WORK?

PENSIONS CAN BE CONFUSING, BUT THERE IS AN ALTERNATIVE WAY TO HELP KEEP ON TOP OF THEM

**In today's fast-paced world, many individuals have multiple pension plans collected over their working life.** Whether through changes in employment or setting up personal pensions as a self-employed professional or contractor, managing these pensions can become challenging. Not only does this involve significant administrative effort, but the financial implications of juggling numerous plans are also considerable. Some pension schemes may suffer from uncompetitive pricing and underperforming investments, eroding retirement savings.

## STREAMLINING YOUR FINANCES

One of the primary motivations for consolidating pensions is the simplification of managing your finances. When you have several pensions, keeping tabs on each one's investment performance, risk profile and asset allocation becomes a complex chore. Add to this the various charges associated with each pension, and the task grows more challenging.

For individuals with limited time or expertise, consolidating pensions into a single, more manageable pot could be a sensible option. Doing so may streamline your financial management and reduce the administrative fees that can reduce returns, especially if your pensions include outdated charging structures.

## EVALUATING COSTS AND PERFORMANCE

While consolidating your pensions can potentially save on fees, it's equally important to consider the investment performance of each fund. Some pensions may be underperforming, and transferring to a scheme with better growth potential could be beneficial. However,

comparing charges and performance is not straightforward and requires professional advice to assess the best action.

## UNDERSTANDING THE POTENTIAL PITFALLS

Despite the advantages, pension consolidation has its risks. Consolidating could mean forfeiting valuable benefits and guarantees. For example, some pension plans offer an enhanced pension commencement lump sum, allowing more than the standard 25% tax-free withdrawal. Others might have a protected pension age or guaranteed annual returns, providing a safety net regardless of market conditions.

Additionally, older schemes may offer favourable annuity rates or built-in life insurance. These elements are not always easily identifiable, underscoring the importance of a thorough professional financial review to avoid losing valuable benefits.

## MAKING INFORMED DECISIONS

Deciding to consolidate your pensions is a significant decision that should not be taken lightly. The funds accumulated over the years

could represent a substantial portion of your retirement income. Therefore, understanding all your options and their potential impacts on your savings is crucial for ensuring a financially secure future. With the right decisions, pension consolidation could lead to a more comfortable retirement for you and your family. ◀

## NEED HELP NAVIGATING THE COMPLEXITIES OF PENSION MANAGEMENT?

If you're considering pension consolidation and want to ensure you make informed, confident decisions regarding your financial future, contact us today for expert guidance tailored to your unique circumstances. Let us help you navigate the complexities of pension management with peace of mind.

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# MAXIMISING RETURNS

## THE POWER OF REINVESTING DIVIDENDS FOR LONG-TERM GROWTH

**Dividends represent the portion of a company's profits distributed to its shareholders.**

When you own shares in a company that declares a dividend, you receive a share of those profits. Dividends are pivotal in enhancing long-term stock market returns, offering a reliable income stream that can help mitigate short-term stock price volatility.

**Although often underestimated**, reinvesting dividends is a formidable strategy, harnessing the power of compounding to deliver substantial growth over time. This effect means your investment can grow even if a share or the broader stock market show minimal appreciation or decline.

A consistent stream of growing dividends is invaluable for income-focused investors. However, dividends are also a significant source of returns for any investor, regardless of income needs. By reinvesting dividends, you can expand your investment portfolio by acquiring additional shares or units, positioning yourself to benefit from future market growth.

### COMPOUNDING EFFECT

When investing in funds, those who do not require immediate income can opt for accumulation units instead of income units. Accumulation units automatically reinvest dividends, converting income into growth and enabling the compounding of returns. This approach can help create a more stable core for your portfolio, especially compared to funds focused on growth or specialised sectors.

Investors can effectively enhance portfolio resilience and long-term performance by reinvesting dividends via accumulation units. For instance, consider an investor who holds shares

in a company with a history of paying steady dividends. By reinvesting these dividends, the investor benefits from share price appreciation and the accumulation of additional shares, which enhances their overall return.

### BENEFITS FOR INVESTORS

For those focusing on building long-term wealth, reinvesting dividends offers a proven approach to growth. It enables investors to expand their shareholding continuously without needing additional capital. This strategy proves especially advantageous in bull markets, as the value of reinvested dividends rises alongside stock prices, magnifying returns.

Moreover, many investment platforms offer automatic dividend reinvestment options, simplifying the process and ensuring that portfolios grow steadily without requiring constant oversight. This convenience allows investors to concentrate on their broader investment strategy while reaping the benefits of compounded growth.

### STRATEGIC CONSIDERATIONS

While the advantages of reinvesting dividends are clear, investors must consider their unique financial goals and requirements. Taking dividends as cash might be more appropriate for individuals seeking regular

income. However, reinvesting dividends is an approach worth exploring for those who can afford to forgo immediate income in favour of future gains.

For example, younger investors with a longer time horizon can benefit significantly from reinvesting dividends, as they have the luxury of time to allow compounding to work its magic. Conversely, retirees or those nearing retirement might prefer a balanced approach, reinvesting part of their dividends while taking some as cash to meet their income needs. ◀

### ARE YOU READY TO DISCUSS BUILDING A FINANCIALLY SECURE FUTURE?

Embracing the strategy of reinvesting dividends requires patience and focusing on long-term gains, but the potential rewards are substantial. This approach promises a financially secure future, leveraging the power of compounding to work in your favour. For further insights and personalised advice on how this strategy can fit into your financial plans, please contact us today.

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# STAY FOCUSED ON YOUR RETIREMENT GOALS

IDENTIFYING ANY POTENTIAL FINANCIAL GAPS AND BRIDGING THESE GAPS BEFORE IT'S TOO LATE

**Retirement is a milestone we all look forward to – a time of relaxation, free from the daily grind of work and financial stress. Achieving a comfortable retirement requires thoughtful planning and foresight. While life may present unforeseen challenges, particularly concerning health, you can take proactive steps to bolster your financial resilience and manage the unexpected.**

**Regular financial planning** is key to assessing your current situation, identifying potential financial gaps and taking measures to bridge them before it's too late. Should you find yourself lacking the time or expertise to navigate this journey alone, the insight of a professional financial adviser could prove invaluable in crafting your ideal retirement plan.

## UNDERSTAND YOUR UNIQUE NEEDS

The transition from a working lifestyle to retirement brings significant changes. You will no longer receive a monthly salary or face the daily commute. You might have paid off your mortgage, freeing up time and resources for leisure. Yet, with more time on your hands, the costs associated with leisure activities might increase, and inflation remains a constant factor to consider. Recent upheavals, such as surging energy prices, have highlighted how external shocks can disrupt even the best-laid plans.

## CONSIDER LONG-TERM FINANCIAL SCENARIOS

As you age, the potential for long-term care costs becomes more apparent and essential to include in your financial planning. A robust plan encapsulates your aspirations, anticipates potential hurdles and prioritises your retirement necessities. Cash flow planning provides a solid foundation for broader financial strategies,

allowing you to stress-test various scenarios like fluctuating living costs, inflation, investment growth and interest rate changes.

## ADAPT YOUR RETIREMENT PLANNING STRATEGY

Retirement planning requires flexibility and periodic reviews to accommodate personal and external changes. There's no universal strategy for retirement; what works for one person might not suit another. It's crucial to contemplate your required income, desired activities and the degree of risk you're willing to accept. An annuity offering a guaranteed lifetime income might be ideal for those adverse to investment risks. Conversely, a drawdown approach could be more suitable if you prefer flexibility and can tolerate some level of investment risk. Often, a blend of both may serve your needs best.

## SEEK EXPERTISE FOR TAILORED SOLUTIONS

Professional financial advice can tailor a bespoke plan that remains adaptable over time, ensuring it meets your evolving goals. Retirement is a significant life stage demanding careful consideration. Financial advisers can assist in identifying and prioritising your objectives, assessing your risk tolerance and formulating a long-term strategy that aligns with your goals. Regular reviews are crucial to keep your plans aligned with your objectives.

## KEEP REVIEWING YOUR FINANCIAL PLAN

Regular reviews are essential even if you have a solid financial plan in place. Life changes, aspirations shift and external factors like the financial climate evolve and will influence your retirement strategy. Ensuring your plan remains current and relevant is vital to your financial success. With numerous options available today, it may be overwhelming, yet a comprehensive financial review can help identify the most appropriate path for you. ◀

## READY TO UNLOCK THE POTENTIAL OF A FULFILLING RETIREMENT?

Ensure your golden years are as rewarding as you've always envisioned. Don't leave your future to chance – contact us today to discuss your retirement plans and explore your options.

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# UNDERSTANDING THE RISING IMPACT OF INHERITANCE TAX

## EXPLORING STRATEGIES TO SECURE YOUR FAMILY'S FINANCIAL FUTURE

**The amount of Inheritance Tax (IHT) paid by families has dramatically increased over the past decade**, increasing from £3.1 billion in the 2012/13 tax year<sup>[1]</sup> to £7.5 billion in the 2023/24 tax year<sup>[2]</sup>. This rise is attributed to growing asset values and stagnant IHT thresholds, coupled with many families delaying their planning. An additional IHT allowance was introduced in 2017, allowing some families to pass on more assets without incurring IHT, yet the criteria for qualification can be complex.

### WHAT IS INHERITANCE TAX (IHT)?

IHT is a tax levied on the transfer of wealth, typically paid by the estate of a deceased individual, but it can also apply during a person's lifetime. Your estate includes all property, possessions, money and other assets. If the value of your estate exceeds the nil rate band at the time of death, the excess is subject to IHT, generally at 40%. IHT is usually not applicable if everything is left to a spouse or registered civil partner. For the 2024/25 tax year, the IHT nil rate band is set at £325,000.

### MAXIMISING IHT ALLOWANCES

Married couples and registered civil partners have the option to transfer any unused portion of their IHT nil rate band to the surviving partner, effectively doubling the threshold to £650,000. In addition, the 'residence nil rate band' introduced in 2017 can increase an individual's IHT allowance if their main residence is passed on to direct descendants. This can potentially raise the overall IHT allowance to £500,000 per individual or £1 million per couple.

### STRATEGIC PLANNING TO REDUCE IHT

The residence nil rate band gradually diminishes by £1 for every £2 that the estate exceeds £2

million, becoming unavailable for estates valued over £2.35 million. An up-to-date Will is crucial to effectively manage IHT liabilities, as older Wills may contain trusts that impact the nil rate bands. Some individuals may postpone wealth transfer until death, but gifting during their lifetime can be more tax-efficient.

### TAX-EFFICIENT GIFTING AND TRANSFERS

Tax-efficient gifts (tax year 2024/25) currently include annual exemptions of £3,000, wedding or registered civil partnership gifts up to £5,000 for a child, £2,500 for a grandchild or £1,000 for others, and gifts from regular surplus income. Small gifts of up to £250 per person annually are also exempt, provided no other gifts are made to that individual, which takes the total above £250. Gifts not covered by exemptions are either 'potentially exempt transfers' or 'chargeable lifetime transfers,' which require surviving seven years to be out of the estate and which may incur immediate IHT.

### UTILISING PENSIONS FOR IHT EFFICIENCY

Pensions can also facilitate tax-efficient wealth transfer. Should you pass away before age 75, benefits left in a money purchase pension can generally be transferred tax-free. If death





occurs post-75, these benefits are taxed at the beneficiary's marginal Income Tax rate. It may be prudent to draw retirement income from other sources, preserving pension funds for inheritance purposes.

#### ADDITIONAL STRATEGIES FOR REDUCING IHT

Other IHT reduction methods include establishing trusts, exploring specialist investment vehicles and considering whole-of-life insurance policies written into an appropriate trust. However, the intricacies of these options highlight the importance of seeking professional financial advice early on. Early planning significantly enhances the ability to leave a legacy that meets your family's specific needs. ◀

#### READY TO TURN YOUR LEGACY PLANS INTO REALITY?

Don't just leave a gift; leave a legacy. If you're ready to explore strategies for reducing IHT liabilities and securing your family's financial future, contact us for personalised advice tailored to your unique situation. Let us help you turn your legacy plans into reality.



#### Source data:

[1] <https://www.gov.uk/government/statistics/inheritance-tax-statistics-table-121-analysis-of-receipts>

[2] <https://www.gov.uk/government/statistics/hmrc-tax-and-nics-receipts-for-the-uk/hmrc-tax-receipts-and-national-insurance-contributions-for-the-uk-new-annual-bulletin#inheritance-tax>

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**IHT IS A TAX LEVIED ON THE TRANSFER OF WEALTH, TYPICALLY PAID BY THE ESTATE OF A DECEASED INDIVIDUAL, BUT IT CAN ALSO APPLY DURING A PERSON'S LIFETIME. YOUR ESTATE INCLUDES ALL PROPERTY, POSSESSIONS, MONEY AND OTHER ASSETS.**





A man with a beard and glasses, wearing a mustard-colored shirt, sits on a couch holding a small red cup. Next to him, a woman with curly blonde hair, wearing a yellow zip-up jacket, smiles while looking at a black smartphone. They are in a cozy, sunlit living room.

# HAVE YOU HAD A RETIREMENT CONVERSATION?

MANY PEOPLE DO NOT ENGAGE IN CRUCIAL CONVERSATIONS  
REGARDING THE LIFESTYLE THEY ENVISION

**As we approach one of life's most significant transitions - retirement - many people do not engage in crucial conversations** about the lifestyle they envision or assess whether they're on track to achieve it. Recent research highlights that half of those aged 55 and over have not discussed their desired retirement lifestyle with a partner or loved one<sup>[1]</sup>.

Moreover, 53% of this age group have not considered whether they have the financial means to sustain their retirement dreams. Interestingly, the younger age group of 18-34-year-olds seems more open to discussing retirement, with only 43% having never broached the subject.

#### BREAKING THE SILENCE ON FINANCIAL MATTERS

Conversations about key financial matters remain taboo among those over 55. Over 40% have never discussed the location of essential documents like bank accounts, insurance policies and Wills with loved ones.

This reticence contrasts sharply with the 'loud budgeting' trend popular among younger generations, where transparency about financial goals and spending habits is common. Across the UK, many remain silent on financial matters: a third of people have never discussed their household budget and 41% have never discussed their short-term financial objectives.

#### BENEFITS OF FINANCIAL DIALOGUE

Discussing finances and planning for the future may be uncomfortable, but aligning with loved ones on shared goals is crucial. Engaging in these conversations is particularly beneficial for older generations, strengthening relationships and providing practical advantages. Talking about money can facilitate budget planning or ensure mutual understanding of future wishes, such as health care preferences in case of illness or incapacity.

#### SHARING FINANCIAL INFORMATION

It's wise to share key financial details with trusted individuals, like the location of important documents. This proactive approach ensures preparedness for future needs. While

initiating these discussions may seem daunting, they are essential for effective short- and long-term planning. Understanding whether you're on track to meet your goals or need to adjust your plans is vital.

#### RETIREMENT GOALS AND TIMELINES

It's essential to discuss when and how you plan to retire, especially with your partner. These discussions should cover whether you aim to retire simultaneously and what activities you wish to pursue. Understanding each other's expectations regarding daily expenses, travel and hobbies will clarify the savings required for your retirement dreams.

#### LOCATING PENSION POTS

You and your loved ones have likely accrued multiple pension pots from various employers. Discussing past employment and pension benefits can motivate you to locate and consolidate these pensions. Keeping track of your pensions and savings is fundamental to informed retirement planning.

#### NOMINATING BENEFICIARIES

Most pensions don't form part of your estate, meaning your Will doesn't cover them. Instead, you can nominate beneficiaries through your pension provider. Discussing your nominations with loved ones can prevent future disagreements and clarify your intentions. ◀

#### NEED MORE GUIDANCE ON RETIREMENT PLANNING OR FINANCIAL MATTERS?

Please contact us if you require more guidance on retirement planning or financial discussions. We can help clarify your options and ensure a secure and enjoyable retirement.

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**CONVERSATIONS ABOUT KEY FINANCIAL MATTERS REMAIN TABOO AMONG THOSE OVER 55. OVER 40% HAVE NEVER DISCUSSED THE LOCATION OF ESSENTIAL DOCUMENTS LIKE BANK ACCOUNTS, INSURANCE POLICIES AND WILLS WITH LOVED ONES.**

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#### Source data:

[1] Opinion conducted research among 2,000 UK adults. Fieldwork was conducted 6 and 10 September 2024. Data has been weighted to be nationally representative.

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# A SAFETY NET FOR UNCERTAIN TIMES

## HOW WOULD YOU PAY YOUR BILLS IF YOU COULDN'T WORK?

In today's unpredictable world, safeguarding financial stability is more crucial than ever. Many of us would struggle to keep up with our essential outgoings, such as mortgage and rent, if we lost an income due to illness or an accident.

**Whether you're employed or self-employed,** income protection is a long-term insurance policy designed to ensure you receive a regular income until you either retire, are fit to return to work or pass away.

Surprisingly, only a small fraction of the UK population – less than one in ten, to be precise – has this type of cover in place, according to research<sup>[1]</sup>. This is despite the alarming statistic that 42% of UK adults are concerned about their household's ability to cope financially if they cannot work<sup>[2]</sup>.

### GENDER PROTECTION GAP

There is also a notable gender protection gap. A significant 29% of women surveyed indicated that they couldn't afford protection, in contrast to 23% of men. Moreover, over a quarter of women admitted they would have to rely on their partner's income if they found themselves unable to work. This reliance underscores the importance of personal financial independence and protection planning.

### REPLACE A PORTION OF YOUR INCOME

Income protection insurance offers regular payments that replace a portion of your income. These payments are made until you can return to work, retire, pass away or reach the end of the policy term – whichever happens first. Typically, the policy covers between 50% and 65% of your income, addressing a wide range of illnesses that may prevent you from working, both in the short and long term.

### CLAIM AS MANY TIMES AS NECESSARY

A significant advantage of this type of insurance is its flexibility. You can claim as many times as necessary during the policy's lifespan. However, it's important to note that there is often a pre-agreed waiting, or 'deferred', period before payments commence. Typical waiting periods range from four weeks up to a year, with longer waiting times generally resulting in lower monthly premiums.

### FEW EMPLOYERS OFFER EXTENDED SUPPORT

It's crucial to differentiate income protection from critical illness insurance, which provides a one-off lump sum upon diagnosis of a specified serious condition. When unable to work due to illness or an accident, many people might assume their employer will continue to provide some income support. The reality is that employees often transition to Statutory Sick Pay within six months, with few employers offering extended support beyond a year.

### EVALUATING YOUR EMPLOYER'S SUPPORT

It's essential to verify what support your employer offers if you become incapacitated. The loss of income can quickly erode savings and make it difficult to cover essential household bills,

especially if you're self-employed and lack sick pay benefits. This is where income protection insurance becomes invaluable, providing the peace of mind that your financial obligations are met, even in the face of adversity. ◀

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### WILL YOU AND YOUR FAMILY REMAIN SECURE DURING UNEXPECTED LIFE EVENTS?

Income protection insurance is essential to creating a comprehensive financial plan. It ensures that you and your family remain secure during unexpected life events. Contact us for further information if you have concerns or want to explore the options available.

#### Source data:

[1] The survey data was collected and analysed by Censuswide Research. The total sample size was 4,043 UK adults, including 1,000 self-employed and 1,000 private renter respondents. Fieldwork was undertaken between 17 – 29 April 2024. The survey was carried out online. The figures have been weighted and represent all UK adults (aged 18+).

[2] The survey data was collected and analysed by YouGov plc. The total sample size was 2,059 adults. Fieldwork was undertaken between 2 – 8 February 2024. The survey was carried out online. The figures have been weighted and are representative of all UK adults (aged 18+).

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# WHO PAYS FOR LONG-TERM CARE?

ENSURE YOU'RE WELL-PLACED TO FUND ANY FUTURE CARE NEEDS

**Many people prefer to avoid the subject of long-term care.** Most find it hard to contemplate going into a care home when they are older, but many will do so eventually. However, planning for these potential expenses is important before they become urgent. The NHS, while a cornerstone of healthcare in the UK, only covers care costs in specific circumstances, primarily when related to medical health needs.

**NHS Continuing Health Care (CHC)** might cover some or all expenses, but securing this funding can be complex and challenging, especially during stressful times. Despite it seeming evident that certain conditions, such as dementia, require medical care, they are often classified as social care, which typically falls outside NHS funding.

## NAVIGATING NHS FUNDING CHALLENGES

If NHS funding isn't an option, you can explore alternatives, often involving personal financial contributions. The rules for providing long-term care are complex, and different rules apply in England and Northern Ireland, Scotland and Wales.

In England you'll currently undergo a means test. If your assets exceed £23,250, you'll need to cover the full cost of your care. With assets between the £14,250 and £23,250 tariff limit, the local authority may contribute, but you'll still be responsible for a portion of the costs. Your income is still considered if your assets are below £14,250, but capital is excluded from means testing and the local authority pays for your care.

In Scotland, the upper limit is over £35,000, and you'll need to pay the full cost of your care. The local authority funds some of the care between the £21,500 and £35,000 tariff limit, and you pay the rest. The lower limit is less than £21,500, capital is excluded from the means test and the local authority pays for your care.

However, your income is still taken into account.

In Wales, the single limit is £50,000 and over. Above this figure, you pay the full cost of your care.

Capital amounts between the upper and lower limits tariff for England and Northern Ireland, and Scotland are assessed as providing £1 of additional income for every £250 of capital above the lower limit. The tariff income is then added to your other income for the income means test.

## UNDERSTANDING ASSET IMPLICATIONS

A common misconception is that selling your home is mandatory to fund care costs. This isn't necessarily true; if you or close family members live in your home, it's generally safeguarded from being counted in your financial assessment.

However, if your property is left empty when you move into a care home, it might be considered part of your assets, potentially necessitating its sale to cover costs. Gifting assets to avoid care expenses can also be problematic. Local authorities might view this as a 'deliberate deprivation of assets', which can complicate financial assessments significantly, especially if done during a time when care costs are foreseeable.

## PLANNING FOR AN UNCERTAIN FUTURE

The unpredictability of needing long-term care makes it essential to start planning early. While it's

impossible to predict the exact costs or duration of care, cash flow modelling can provide insight into how prepared you are for such expenses. Government policies may change, but assuming 'no change' and preparing accordingly is prudent. Exploring different solutions now can alleviate future burdens.

## EXPLORING FINANCIAL OPTIONS

Long-term care planning is one of the most challenging areas to address, with many in denial about their potential needs. However, taking proactive steps can ensure you or your loved ones receive the care required without financial hardship. From insurance products to savings strategies, numerous options can be tailored to your circumstances to provide peace of mind. ◀

### NEED GUIDANCE OR WISH TO EXPLORE FINANCIAL STRATEGIES IN MORE DETAIL?

Understanding the complexities of long-term care costs and planning accordingly is vital. If you need guidance or wish to explore financial strategies in more detail, we are here to help. Contact us today to discuss your personal circumstances or those of a family member, ensuring you have a solid plan for later life care.

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# PLANNING YOUR PATH TO A FULFILLING RETIREMENT

ARE YOUR FINANCES ON THE RIGHT TRACK AS YOU APPROACH THIS NEW CHAPTER?

As we approach our 50s and 60s, retirement looms on the horizon, promising a well-deserved break from decades of hard work. Whether your future plans include travelling, indulging in hobbies or spending quality time with family and friends, retirement should be the longest holiday of your life. Ensuring your finances are on the right track as you approach this new chapter is crucial.

## DETERMINE YOUR RETIREMENT TIMELINE

To accurately gauge how much money you'll need, deciding when you want to retire is vital. There's no set age for leaving the workforce; it largely depends on your circumstances. Most people may not be able to afford to retire until they start drawing from their pension or claim the State Pension. Defined contribution workplace pensions and old-style defined benefit pensions typically set a retirement age, often around 65, though it can vary. However, personal pensions can often be accessed from age 55, rising to 57 by 2028.

## ASSESSING YOUR PENSION VALUE

Once you've set a retirement date, it's time to evaluate your pensions. Your annual pension statement should provide an estimate of your pension's worth at retirement based on certain assumptions. It also indicates how much income you could expect, often relying on current annuity rates. These projections assume continuous contributions until retirement and are based on predicted investment growth, though actual performance can vary.

## WHERE ARE YOUR PENSION SAVINGS INVESTED?

Understanding the investment of your pension savings is crucial. If you haven't specified a preference, contributions typically go into a 'default fund' that adjusts the risk level as retirement nears. Initially, investments may be higher-risk, shifting to lower-risk options as you approach retirement to safeguard your pension

pot. Regularly reviewing and diversifying your investments can help manage volatility and align with your risk comfort level.

## CALCULATING YOUR STATE PENSION ENTITLEMENT

Retirement income often comprises workplace or personal pensions and the State Pension. Your National Insurance record determines the State Pension amount, so checking if you're on track for the full amount is wise. A State Pension forecast can estimate your future benefits, keeping in mind the increasing State Pension age due to rising life expectancy.

## PLANNING YOUR RETIREMENT INCOME

Evaluate whether the combined income from your pensions and State Pension will suffice for your desired retirement lifestyle. Generally, you may need around two-thirds of your pre-retirement salary after tax to maintain your lifestyle, though individual needs vary.

## BOOSTING YOUR PENSION CONTRIBUTIONS

If a shortfall is likely, consider boosting your pension savings. Even small increases in contributions can significantly grow your pension pot, thanks to compounding interest. Many only make minimum contributions under auto-enrolment, but it's beneficial to contribute more if possible, especially with available carry-forward rules.

## MAXIMISING TAX BENEFITS ON CONTRIBUTIONS

Take advantage of the tax relief on pension contributions, especially if you're a higher

rate taxpayer. Through self-assessment, you can reclaim higher rate tax relief on your contributions, enhancing your retirement savings.

## CONSIDERATIONS FOR YOUR DEPENDENTS

Beyond planning for your own retirement, consider how you will provide for your dependents. Pensions can be an effective way to pass on wealth, avoiding Inheritance Tax as they typically fall outside your taxable estate. However, depending on your age at death, beneficiaries may owe Income Tax on inherited pensions. ◀

## DO YOU NEED GUIDANCE OR WISH TO EXPLORE YOUR PENSION OPTIONS FURTHER?

Planning for retirement is a process that requires careful consideration and proactive steps. If you need guidance or wish to explore your pension options further, please contact us. We are ready to help you navigate your retirement planning journey, ensuring your financial future is secure.

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# HOW MUCH FINANCIAL SECURITY DO YOU NEED FOR A HAPPY RETIREMENT?

## FINANCIAL STATUS PLAYS A SIGNIFICANT ROLE IN RETIREMENT HAPPINESS

Retirement is a time many look forward to – a reward for years of hard work with the promise of relaxation and enjoyment. However, a key question persists: how much money is necessary to ensure happiness in retirement? A recent study suggests that the happiest retirees possess a pension pot of approximately £222,000, translating to an average monthly income of £1,700<sup>[1]</sup>. This income level, which includes a full State Pension, provides an annual income of around £20,400.

### IMPORTANCE OF INCOME IN RETIREMENT

While financial stability is a crucial component of a contented retirement, only 38% of retirees manage to secure a monthly income of £1,700 or more. In stark contrast, many retirees live on much less, with 22% surviving on less than £1,000 a month. This falls short of the Pensions & Lifetime Savings Association's minimum standard for covering essential living costs, set at £1,200 a month or £14,400 annually.

### BEYOND FINANCIAL COMFORT

It's evident that financial status plays a significant role in retirement happiness, yet the benefits of increased income start to plateau when monthly earnings exceed £2,000. Other elements, such as social connections and good health, prove equally important. The research highlights that the happiest retirees enjoy satisfied daily routines, ample free time and strong relationships with family and friends. These individuals also experience less severe loneliness compared to those with lower satisfaction levels.

### CHALLENGES IN THE CURRENT ECONOMIC CLIMATE

Despite the promise of retirement, many continue to face financial challenges, particularly after three years of rising living costs. Over a quarter of retirees (27%) find their finances unpredictable and difficult to manage, with some unable to cover housing, food and utility bills. This financial strain affects almost one in ten retirees regularly,

further compounded by the inability to socialise due to financial constraints, which can lead to increased feelings of loneliness and impact overall wellbeing.

### BALANCING EXCITEMENT AND FINANCIAL CONCERNS

The transition into retirement often brings a mix of excitement and concern. Many look forward to retirement's newfound freedom, yet financial security remains a prevalent worry. Balancing these emotions is crucial to ensuring a fulfilling retirement experience. ◀

#### WILL YOU SECURE A HAPPY AND FINANCIALLY STABLE RETIREMENT?

If you wish to learn more about securing a happy and financially stable retirement, do not hesitate to contact us for more information and support to make informed decisions about your retirement planning. We look forward to hearing from you.



### Source data:

[1] Study by Legal & General of 3,000 retirees, and the world-leading Happiness Research Institute, an independent Danish think tank focusing on wellbeing, happiness and quality of life – 09/10/24

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# IS IT TIME TO EVALUATE YOUR FINANCIAL LANDSCAPE?

## FINANCIAL STRATEGIES ARE NOT IMMUNE TO THE IMPACTS OF LIFE'S CHANGES

As the new year approaches, it brings a sense of renewal and opportunity – an ideal time to pause and evaluate your financial plans. This annual reflection is important to ensure your financial plans function at their peak and align with your evolving circumstances. No matter how sound, your financial plans are not immune to the impacts of life's changes or the ever-shifting landscape of legislation.

**Life is dynamic**, and changes such as getting a new job, marriage or the birth of a child all influence financial goals and needs. These significant milestones necessitate carefully reassessing financial strategies to ensure they remain relevant and practical. Moreover, legislative changes can profoundly affect taxation, investment opportunities and savings plans, necessitating adjustments to maintain financial efficiency.

### REBALANCING YOUR PORTFOLIO

Over a year, significant changes can occur. If your investment portfolio isn't closely monitored, it may require a thorough review. Certain investments might not perform as expected, while others may have flourished, suggesting a potential time to take profits. It's prudent to avoid overexposure in specific companies, sectors or regions. Ultimately, the aim is to ensure your portfolio aligns with your risk tolerance, time horizon and personal goals.

### SAFEGUARDING WHAT MATTERS MOST

Protection policies act as a financial safety net during challenging times, such as illness or death, providing vital support to you and your family. These include income protection, life insurance and critical illness cover. It is important to review these policies regularly. A pay rise might necessitate an increase in the income you're insuring, while changes in your mortgage could affect your life insurance needs. Keeping your

protection up to date ensures your family remains secure without incurring unnecessary costs.

### ASSESSING YOUR RETIREMENT TRAJECTORY

A financial health check can clarify whether your retirement savings are on target for a comfortable future. If there's a potential shortfall, it might be time to increase your pension contributions. Utilising your annual pension allowance each year maximises the tax relief you receive, while compounded returns can significantly impact your retirement fund over time.

### OPTIMISING TAX EFFICIENCY IN INVESTMENTS

There are numerous tax reliefs and allowances available to enhance your investment efficiency. For instance, investing up to £20,000 annually (tax year 2024/25) in Individual Savings Accounts (ISAs) allows for tax-efficient growth and income. Junior ISAs, with a yearly limit of £9,000 per child (tax year 2024/25), could grow into a substantial fund, aiding in future expenses like university fees or a first home deposit. Other fiscal benefits include Capital Gains Tax exemptions, dividend allowances and personal savings allowances.

### BALANCING DIVERSE FINANCIAL OBJECTIVES

Whether you're planning for school fees, assisting your children with a property deposit or securing your own retirement, these goals can strain

family finances. Simultaneously, you might be responsible for elderly relatives whose health is declining. Even with a substantial income, balancing these competing priorities can be challenging. A resilient financial plan that evolves with your changing needs is essential.

### TAKING THE NEXT STEPS

Understanding how to rebalance portfolios, optimise tax efficiency and build a solid retirement fund can be daunting. We offer invaluable assistance in crafting a comprehensive plan tailored to your unique circumstances and regularly review it to ensure it aligns with your evolving needs and aspirations. ◀

### WANT TO EXPLORE HOW EXPERT ADVICE CAN HELP YOU SECURE YOUR FINANCIAL FUTURE?

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Reviewing and updating your financial plans is not merely a prudent step but an essential one. By doing so, you can confidently navigate the new year, knowing that your financial wellbeing is secure and optimised for whatever life may bring. For further guidance on achieving financial peace of mind, contact us to explore how expert advice can help you secure your financial future.

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# UNLOCKING HOMEOWNERSHIP

## GENEROUS PARENTS AND GRANDPARENTS ARE TURNING TO THEIR PROPERTY WEALTH

**As the housing market becomes increasingly competitive,** family contributions are crucial in helping younger buyers secure their dream homes. Recent research highlights that generous parents and grandparents are turning to their property wealth to offer this vital support.

**Often dubbed** the 'Bank of Family', it is anticipated to be pivotal in 42% of UK property purchases for those under 55 in the coming year<sup>[1]</sup>. This translates to an impressive 335,000 housing transactions in 2024 alone, marking the highest level of family-supported purchases since tracking began in 2016.

### SUPPORTING THE NEXT GENERATION

The financial help extended by family members is predicted to rise significantly, with gifts from parents and grandparents expected to reach £11.3 billion by 2026. To fund these generous contributions, many are opting to downsize their homes, release equity or re-mortgage their properties. Specifically, 19% of those providing financial support are doing so through these avenues, with 9% utilising equity release in the first half of this year alone.

Despite the good intentions behind these financial gifts, there is an alarming trend of not seeking professional advice. 74% of parents and

grandparents who made a financial gift did not obtain professional advice before proceeding, which could have long-term financial implications.

### VALUE OF PROFESSIONAL ADVICE

Property wealth remains one of the most significant assets for families across the UK, making it a natural resource for financial support. However, individuals making substantial financial gifts should seek professional advice to ensure they are making informed decisions. While products such as lifetime mortgages automatically include specialist advice, this is only sometimes the case for other financial gifts, which can lead to unanticipated financial strain.

As equity release becomes more mainstream, more people may consider it a viable option for supporting their loved ones. The 'Bank of Family' is set to have a busier year than ever, and with this comes the need for prudence and careful planning. The 'Bank of Family' is becoming a significant player in

the UK housing market, supporting an ever-growing number of property transactions. ◀

### CONSIDERING USING YOUR PROPERTY WEALTH TO SUPPORT FAMILY MEMBERS?

Seeking professional financial advice cannot be overstated, ensuring that generous contributions are made with both heart and mind. If you are considering using your property wealth to support family members in purchasing a home and require further information on making the most informed financial decisions, please contact us.



### Source data:

[1] Bank of Family methodology research was compiled using primary survey data as well as existing data sources relating to the housing market. Survey work carried out by YouGov – the total sample size 2,017 adults aged 55+ with children or grandchildren aged 16+. Survey undertaken between 26 June – 2 July 2024

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# MANAGING THE MENOPAUSE, A FINANCIAL PERSPECTIVE

OFTEN-OVERLOOKED FINANCIAL IMPLICATIONS DURING THIS TRANSFORMATIVE LIFE STAGE

**The menopause is a natural phase in a woman's life**, marked by significant physical and mental changes. While much attention is given to the physical and emotional challenges, the financial implications of menopause often remain overlooked.

**As women navigate** this often complex period, it's crucial to consider how the menopause can affect someone's financial wellbeing and what strategies can be employed to mitigate its impact. The average age for a woman to reach menopause is 51, but symptoms can begin years or even decades earlier, during what's known as the 'perimenopause'<sup>[1]</sup>.

## UNDERSTANDING THE FINANCIAL CHALLENGE

Women have historically faced financial disadvantages compared to men, with factors such as the gender pay gap and career interruptions for caregiving purposes playing significant roles. These disparities can make the financial strain during menopause even more pronounced. Although discussions around these issues are becoming more prevalent, the specific financial impact of menopause is still not widely addressed.

Recent studies highlight that a significant percentage of women experience disruptive menopausal symptoms, which can severely affect their work lives. Symptoms such as anxiety, depression and fatigue can lead to decreased productivity, reduced working hours or even job loss, all of which can profoundly impact financial stability. Research found that more than half of women aged 50 suffer at least one disruptive menopausal symptom. Women experiencing severe menopausal symptoms were 43% more likely to have left their jobs by the age of 55 than those without such symptoms, and 23% more likely to have reduced their working hours<sup>[2]</sup>.

## IMPACT ON CAREER AND CONFIDENCE

Menopause can lead to decreased self-confidence, which may hinder career progression. UK government research has revealed that 27% of women say the menopause has had a negative effect on their career progression<sup>[3]</sup>. In many cases, women may feel reluctant to seek promotions or new opportunities for fear of being perceived as less capable. Data from the UK government indicates that more than a quarter of women feel their career progression has been negatively impacted by menopause, leading to potential long-term financial repercussions.

In some partnerships, women may be the primary earners, contributing significantly to household finances. Any disruption to their income during menopause can have widespread effects, potentially straining family finances or even contributing to relationship breakdowns.

## PLANNING FOR THE FUTURE

Every woman's menopause journey is unique, with symptoms varying widely in onset and severity. Financial planning becomes essential in managing these uncertainties. Starting with the understanding that menopause can be as financially disruptive as any other major life event, women can take proactive steps to safeguard their financial future.

Building emergency funds, maximising savings and pension contributions, and making use of available tax incentives are prudent strategies. Planning early can provide a financial cushion,

allowing women to navigate menopause without the added stress of financial instability.

## INVOLVING PARTNERS IN FINANCIAL STRATEGIES

For those in a relationship, engaging partners in financial planning is beneficial. Exploring options like increasing contributions to joint savings or even liquidating certain assets can distribute financial burdens more evenly. Having a robust financial plan means that when menopause symptoms peak, financial concerns do not add to the stress.

The conversation around menopause is shifting. With increased awareness, flexible work arrangements and evolving financial products, future generations of women may face fewer hurdles. ◀

## LOOKING FOR FURTHER GUIDANCE ON MANAGING YOUR FINANCES?

If you are looking for further guidance on managing the financial aspects of the menopause or want to explore resources to help you plan through this life stage, please contact us for further information and guidance.

## Source data:

[1] HHS <https://www.nhsinform.scot/menopause>

[2] University of Southampton in England longitudinal study of over 3,000 women – 10 July 2024

[3] Shattering the Silence about Menopause: 12-Month Progress Report – Department for Work and Pensions – 8 March 2024

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# BALANCING MOTHERHOOD AND FINANCIAL SECURITY

## JUGGLING RESPONSIBILITIES CAN OFTEN PUSH LONG-TERM FINANCIAL PLANNING TO THE SIDELINES

**Motherhood is a multifaceted journey**, where the daily juggling responsibilities can often push long-term financial planning to the sidelines. Yet, dedicating just a small time window to review your finances could dramatically enhance your financial outlook. While managing finances is important for everyone, mothers encounter challenges requiring tailored financial strategies to ensure stability and growth.

### BUILDING A FINANCIAL SAFETY NET

For mothers, establishing a solid emergency savings fund is not merely advisable – it's essential. Unexpected expenses, like urgent car repairs or household emergencies, can arise without warning and impact your financial wellbeing. By maintaining an emergency fund that covers at least six months' worth of essential expenses in an easily accessible savings account, you can safeguard against the financial strain these costs might impose, ensuring your long-term financial goals remain on track.

Consider setting up an automatic monthly transfer to your savings account to build this fund gradually. This approach makes saving more manageable and ingrains a habit of prioritising financial security.

### PROTECTION FOR YOUR LOVED ONES

It may be prudent to secure an income protection policy in families where your income contributes significantly to bills, childcare or educational costs. This insurance cover offers a financial lifeline if you cannot work due to a long-term illness, ensuring your children's lifestyle remains unaffected by financial instability. Similarly, life insurance is essential, providing a financial safety net to your family in case of your premature death.

Life insurance can cover critical expenses, such as mortgage repayments, alleviating financial burdens and offering peace of mind. When exploring insurance options, assess the cover that best suits your family's needs and consider the premiums in relation to your budget, opting for policies that provide comprehensive protection.

### SECURING YOUR RETIREMENT FUTURE

Taking time off work to raise children can significantly impact your pension savings, making it imperative to focus on bolstering your retirement funds. A fundamental step is to ensure you qualify for the full State Pension by maintaining National

Insurance (NI) contributions. Mothers who are not currently working can still earn NI credits by claiming child benefit, protecting their State Pension entitlement.

Furthermore, consider topping up workplace or private pensions, which come with tax benefits, making them a cost-effective saving method. The tax relief on personal pension contributions means you gain more from your savings, substantially boosting your retirement fund. For instance, if you receive cash gifts or inheritances, if appropriate, directing them into a pension could significantly enhance your financial security in retirement.

### INVESTING IN YOUR CHILDREN'S FUTURE

If it's within your means, investing in your children's future can offer them substantial long-term benefits, potentially aiding with university fees or a first home deposit. Investing in the stock market can yield greater growth compared to traditional savings accounts. A Junior Individual Savings Account (JISA) allows tax-free growth and locking funds until your child turns 18. This structured investment approach can help in securing their financial independence.

When investing for your children, consider diversifying the portfolio across various asset classes to balance risk and return, and regularly review the investment performance to ensure it aligns with your financial objectives. ◀

### READY TO TAKE CONTROL OF YOUR FINANCIAL FUTURE?

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Professional financial advice lets you confidently concentrate on your family, knowing your financial future is secure. Please contact us for personalised financial advice crafted to meet your unique needs. We'll help you secure a financially brighter future for both you and your family.

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# BUILDING A SECURE FINANCIAL FUTURE TOGETHER

## HOW TO PREVENT MISUNDERSTANDINGS AND LAY THE GROUNDWORK FOR MUTUAL FINANCIAL SUCCESS

**Embarking on a financial journey with your partner** can be both exciting and challenging. Whether you've been together for years or are at the start of a new relationship, planning your finances collectively can pave the way for a more secure future.

**A vital first step is** having open discussions about each other's financial habits, savings, spending, income and debts. This transparency can prevent misunderstandings and help maintain a healthy relationship, laying the groundwork for mutual financial success.

### IMPORTANCE OF OPEN COMMUNICATION

It's easy to assume alignment in financial matters without having an explicit conversation. However, differences in money management styles can lead to conflicts. Discussing finances may feel uncomfortable, but it's crucial for setting expectations and addressing any issues early. This dialogue allows couples to create a budgeting plan that works for both, fostering a robust financial strategy.

### SETTING SHARED FINANCIAL GOALS

While individual aspirations are essential, establishing shared goals can strengthen your partnership and motivate both of you. Agreeing on mutual objectives provides a focus, aiding in financial planning. For instance, if moving to a larger home is on the horizon, consider allocating funds to a low-risk savings account to avoid fluctuations just before a purchase. Investing in

the stock market might be more beneficial for long-term goals, potentially accelerating your journey towards your financial aspirations.

### UNDERSTANDING TAX ADVANTAGES

Though not the most romantic topic, tax planning offers opportunities to maximise your financial resources. Individual Savings Accounts (ISAs) allow each partner to currently invest up to £20,000 annually (tax year 2024/25), providing tax-efficient income and growth. This could shield £40,000 from Income and Capital Gains Taxes each year. Married couples or those in registered civil partnerships can transfer investments tax-free, effectively doubling the Capital Gains Tax exemption. Utilising personal savings allowances is another strategy to maximise tax-free interest earnings.

### PROTECTING YOUR FINANCIAL PLANS

While it may not be pleasant to discuss, planning for unforeseen events like illness or premature death is crucial. Without proper protection, one partner's financial security could be jeopardised if the other is suddenly unable to contribute. Ensuring adequate insurance coverage and drafting a Will can safeguard your

finances and fulfil your wishes. This step is vital, especially for unmarried couples, as they may not automatically inherit each other's estates.

### TAILORED FINANCIAL ADVICE

Navigating financial planning as a couple can be complex, but with our professional advice, we can help you simplify the process. By working together to build a financial plan, you can set a solid foundation for reaching your shared goals. ◀

### WANT TO CREATE A COMPREHENSIVE PLAN THAT INSTILLS CONFIDENCE AND SECURITY?

If you're ready to take control of your financial future and want advice tailored to your specific circumstances, contact us today. Let us help you create a comprehensive plan that instills confidence and security for you and your partner.

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# COMBATING INFLATION, THE 'SILENT THIEF'

## WHY RETIREMENT PLANNING NEEDS TO ACCOUNT FOR LONGEVITY RISK

**Embarking on your retirement journey is a significant milestone** filled with possibilities and new beginnings. However, being aware of potential pitfalls that could undermine your financial security is essential. One of the most prevalent issues is failing to protect against inflation. Known as the 'silent thief', inflation can gradually erode your savings and income purchasing power.

**For example**, the average price of a white loaf of sliced bread (800g) has soared from just 10p in January 1971 to 140p in August 2024<sup>[1]</sup>. Therefore, ensuring that your investments and income grow at a pace that outpaces inflation is vital. With our professional advice, we can help mitigate the impact of inflation on your pension and other investments, preserving your buying power.

### PREPARING FOR A LONGER LIFE

Another crucial aspect of retirement planning is accounting for longevity risk. Many underestimate their life expectancy, leading to a potential shortfall in retirement savings duration. According to the Office for National Statistics, a 60-year-old man today has an average life expectancy of 85, but there is, however, a chance he might live longer: 92 years (1 in 4 chance), 97 years (1 in 10 chance) and 100 years (3.5% chance)<sup>[2]</sup>.

A 60-year-old woman today has an average life expectancy of 87, but there is, however, a chance she might live longer: 94 years (1 in 4 chance), 98 years (1 in 10 chance) and 100 years (6.2% chance)<sup>[2]</sup>.

Having a realistic financial plan is essential to avoid prematurely depleting your savings. We can use cashflow modelling to help you foresee when your funds might run out and what adjustments in spending could mean for your financial future.

### STRUCTURING YOUR INCOME WISELY

Effectively structuring your retirement income is paramount to maintaining financial security. Deciding when and how to draw from your investment portfolio can significantly impact you. While general rules of thumb exist, the

most effective strategy should be tailored to your unique circumstances and adaptable to your changing needs.

Maintaining a cash reserve for planned one-off expenses and emergencies is advisable. Keeping six months' worth of essential spending in an easy-access account is wise, allowing you to avoid withdrawing from investments during market downturns.

### NAVIGATING DIVIDEND INCOME REALITIES

It's important not to assume that dividend income is guaranteed, as this could lead to financial instability, as dividends are inherently volatile. Relying solely on dividends for a consistent income stream can be risky. We can assist you in building a diversified investment portfolio that maximises retirement income across varied market conditions, helping you navigate the uncertainties that could arise from a dependence on dividend income.

Our professional advice will ensure you can tackle the complexities of retirement planning, minimising risks while enhancing income potential from your savings and investments.

With so much at stake, professional financial advice is invaluable. Our support throughout your retirement journey will provide reassurance and strategic insights, ensuring your plans remain on track. ◀

### HOW WILL YOU SECURE YOUR ENVISIONED FUTURE?

Contact us for expert advice tailored to your unique goals and achieve the peace of mind and financial stability you need for retirement. Let us help you secure your envisioned future, turning your retirement aspirations into reality. Discuss how we can support your retirement journey with personalised, professional advice. We look forward to hearing from you.

#### Source data:

[1] <https://www.ons.gov.uk/economy/inflationandpriceindices/timeseries/czoh/mm23/previous/v107>

[2] <https://www.ons.gov.uk/peoplepopulationandcommunity/healthandsocialcare/healthandlifeexpectancies/articles/lifeexpectancycalculator/2019-06-07>

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# UNDERSTANDING THE **GENDER PENSION GAP**

## WHY DO WOMEN OFTEN FIND THEMSELVES DISADVANTAGED IN RETIREMENT?

**Significant disparities continue to remain when it comes to retirement savings**, with the gender pension gap standing out prominently. Even though the gap manifests across various demographics, including age, job types and income levels, however, it is women who bear the brunt of these inequalities, often finding themselves at a financial disadvantage in retirement. This disparity is primarily due to lifelong differences in savings and the contributions made to pension plans.





**DESPITE SIMILAR PENSION SCHEME PARTICIPATION RATES, WOMEN SAVE LESS THAN MEN THROUGHOUT THEIR CAREERS. THIS DISCREPANCY IS STARK, WITH A 16% GAP IN THEIR 30S WIDENING TO 43% BY THE AGE OF 55, THE RESEARCH HIGHLIGHTS<sup>[1]</sup>.**



**The gender pension gap** is not merely a consequence of individual choices but a complex issue influenced by societal norms and work patterns. Women are more likely to engage in part-time work or take career breaks to manage caregiving responsibilities, directly affecting their earnings and, consequently, their pension savings. Despite similar participation rates in pension schemes, the amount saved by women lags significantly behind that of men.

#### FACTORS CONTRIBUTING TO THE GENDER GAP

This discrepancy is stark, with a 16% gap in their 30s widening to 43% by the age of 55, the research highlights<sup>[1]</sup>.

Historical perceptions painted women as less likely to engage with pensions, but recent findings contradict this, showing women value pensions highly when considering job offers<sup>[2]</sup>. However, many women take lower-paid, part-time roles to balance work with caregiving responsibilities. In fact, about one million women under 50 are outside the workforce due to such commitments<sup>[3]</sup>.

#### IMPACT OF CAREGIVING RESPONSIBILITIES

Care responsibilities, often shouldered by women, significantly affect their retirement savings. Statistics from the Office for National Statistics reveal that older female workers are twice as likely to have caregiving duties, which detracts from their ability to save for retirement<sup>[4]</sup>.

While two-fifths of workers enhance their pension savings through employer matching, fewer women than men take advantage of this opportunity. Affordability is a common barrier, with half of the women citing it as a reason compared to 39% of men.

#### ADDRESSING THE SAVINGS DISPARITY

Auto-enrolment has boosted savings among women, yet the interruptions caused by parenthood and caregiving continue to affect their pay, career advancement and, ultimately, their pension savings. Decisions to reduce work hours for family care have long-term financial implications.

While men and women save similarly for pensions early in their careers, the gap widens significantly with time, culminating in women having roughly £60 for every £100 saved by men at retirement. Compounding this, women typically live longer, necessitating more substantial savings for a more extended retirement period.

#### EMPOWERING WOMEN IN FINANCIAL PLANNING

Dispelling the myth that women are less interested in pensions is crucial, as many are now more empowered and proactive in managing their long-term finances. Starting to save early is vital for overcoming gender-specific barriers. Establishing a retirement fund as soon as possible allows small contributions to grow over time. Regularly reviewing pension savings is also essential, ensuring alignment with retirement goals.

Consider increasing pension contributions when receiving a pay rise, especially if employer matching is available. This can significantly amplify retirement savings. Planning for retirement involves more than just financial considerations; it requires envisioning how you wish to spend your time post-retirement. Whether enjoying leisure activities or travelling, understanding these desires helps estimate retirement costs more accurately.

#### COLLABORATIVE PLANNING FOR COUPLES

If you are part of a couple, joint planning is beneficial. Contributing to each other's

pensions and maximising State Pension entitlements ensure both of you can enjoy a comfortable retirement. Managing pensions can seem complex, but we can provide guidance. We can help demystify pension schemes and build confidence in handling your retirement savings. ◀

#### TIME TO PLAN TO ENSURE YOU HAVE A FINANCIALLY SECURE RETIREMENT?

For further personalised advice tailored to your current circumstances, please contact us. Let us help you navigate these challenges to ensure a financially secure retirement.



#### Source data:

[1] Royal London's research is based on nearly two million workplace employees, with a 41% female and 59% male split – data at the end of H1 2024.

[2] The research was conducted between 31 July and 5 August 2024, and 3,693 UK workers had workplace pensions.

[3] <https://www.bbc.co.uk/news/business-52660591>

[4] <https://www.ons.gov.uk/peoplepopulationandcommunity/birthsdeathsandmarriages/ageing/articleslivinglongerhowourpopulationischangingandwhyitmatters/2019-03-15>

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# LANDSCAPE OF WORKPLACE PENSIONS

SIX IN TEN EMPLOYEES FEEL THEY ARE NOT SAVING ENOUGH FOR RETIREMENT

**A concerning trend among UK workers in workplace pensions** and long-term saving has been highlighted in recent research. Six in ten employees feel they are not saving enough for retirement, with a third experiencing anxiety when assessing the amount they have saved, the data shows<sup>[1]</sup>.

**Despite these worries**, there is a silver lining – around a quarter of workers feel confident and reassured, believing they are saving adequately. This confidence is often linked to a clear understanding of how much they contribute to their pensions and the benefits of employer matching schemes.

## IMPORTANCE OF KNOWING YOUR CONTRIBUTIONS

The level of contributions by workers and their employers significantly impacts the retirement lifestyle one can expect. Alarming, a fifth of those contributing to pensions need to be made aware of their exact monthly contributions. Encouragingly, two-fifths of workers contribute more than the standard amount, benefiting from employers matching pound for pound. Establishing a firm savings target and regularly monitoring pension savings is crucial for building a solid retirement fund.

## STRATEGISING FOR A BETTER RETIREMENT

Reviewing your pension savings highlights areas where you might improve your contributions. For instance, a salary increase or bonus presents a perfect opportunity to boost your pension pot. It is essential to understand whether your current saving levels allow you to retire at your desired age, especially if it is earlier than the State Pension age. However, the research shows a significant gap in how often people check their savings. While some never

review pension savings, the research shows others do so weekly, illustrating the importance of finding the right balance.

## HARNESSING THE POWER OF REGULAR REVIEWS

Reviewing your pension annually or upon receiving a statement is a prudent approach. Surprisingly, a quarter of those who neglect to check their savings cite a lack of knowledge or lost login details as barriers. Though retirement may seem distant, maintaining control over your pension savings sets a solid foundation for future financial security. Regular reviews keep you informed, help reduce anxiety and clarify your retirement goals.

## MAKING INFORMED DECISIONS EARLY

Starting your retirement savings early, ideally in your twenties, maximises the growth potential of your funds. While delaying contributions until you feel more financially secure might seem tempting, this could be a costly decision. Regular pension reviews, at least yearly, provide a clear picture of your savings' performance. Adjustments may include choosing different funds, altering your investment risk profile or consolidating multiple pension pots for easier management.

## MAXIMISING EMPLOYER CONTRIBUTIONS

Employer matching schemes are also valuable resources for increasing retirement savings.

Allocating pay rises or bonuses to your pension can significantly enhance your financial future. When planning for retirement, consider not only when you wish to stop working but also how you will spend your time. This planning will help determine the financial resources needed to support your desired lifestyle. ◀

## LOOKING TO ACHIEVE A FINANCIALLY SECURE AND FULFILLING RETIREMENT?



Contact us today for tailored advice on pension savings and retirement planning. We'll guide you through your options and ensure a financially secure and fulfilling retirement.

## Source data:

[1] The research was carried out by Royal London between 31 July and 5 August 2024 with 3,693 UK workers with a workplace pension.

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# NAVIGATING LIFE EVENTS AND INHERITANCE

## RESEARCH HIGHLIGHTS A PROFOUND IMPACT ON FINANCIAL SECURITY AND LIFE CHOICES

**In the current economic climate**, the prospect of receiving an inheritance plays a crucial role in shaping major life decisions for many UK adults. More than one in five (22%) UK adults<sup>[1]</sup> who have received or expect to receive an inheritance<sup>[2]</sup> have delayed or are planning to delay a major life event because of the anticipated inheritance.

**This tendency is particularly marked** among younger adults aged 18-34, where the figure rises to 27%. Such life decisions often revolve around purchasing a first property, with nearly one in five young adults planning to leverage their inheritance for this purpose.

### CHALLENGES OF RISING PROPERTY PRICES

The dream of owning a home has become increasingly elusive due to escalating property prices and elevated interest rates. For many, achieving homeownership without financial support, such as an inheritance, seems formidable.

In light of this, it's understandable that individuals might defer other costly life milestones, opting to wait for more favourable financial conditions. These economic barriers are profound, affecting not just homeownership but other significant life events like starting a family or pursuing further education.

### FINANCIAL PLANNING AND INHERITANCE

Anticipating an inheritance necessitates thorough consideration and strategic planning. It requires navigating the intricacies of inheritance and its broader implications.

Evaluating all potential avenues before committing to major financial decisions is crucial, especially considering that over a quarter of people receive less inheritance than anticipated.

A well-structured financial plan can maximise the benefits of an inheritance, ensuring it contributes positively to one's financial wellbeing.

### IMPORTANCE OF OPEN CONVERSATIONS

Discussing inheritance expectations openly with family members can foster transparency and enhance financial planning. These conversations help align expectations and facilitate informed decision-making for the future.

By engaging in dialogue, families can ensure that everyone is aware of what to expect, which can prevent misunderstandings and conflicts later on. Additionally, open communication can prepare family members to manage the responsibilities of receiving or managing an inheritance.

### WRITING A WILL AND ESTATE PLANNING

For those wishing to leave a legacy, drafting a Will is a fundamental step in ensuring that your intentions are respected and your loved ones are cared for. Writing a Will involves detailing how your assets should be distributed and who will execute your wishes.

Inheritance can have a profound impact on financial security and life choices. Whether you anticipate receiving or intend to leave an inheritance, seeking professional financial advice is crucial to making informed decisions. ◀

### DO YOU WANT TO DISCUSS PROTECTING THE INTERESTS OF BENEFICIARIES AND MINIMISING POTENTIAL LEGAL COMPLICATIONS?

We can help you craft a comprehensive and tax-efficient estate plan that protects the interests of beneficiaries and minimises potential legal complications. If you require further information or guidance on managing inheritance and financial planning, we can provide the support and insight you need to navigate these complex matters effectively.

#### Source data:

[1] Survey conducted by Opinium among a nat rep sample of 2,000 UK adults between 9-13 February 2024.

[2] All data come from questions that were asked to those who have received an inheritance in the past five years or expect to receive an inheritance in the next five years.

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# THE ROLE OF TRUSTS

## PROVIDING TIMELY FINANCIAL SUPPORT TO YOUR LOVED ONES WHEN THEY NEED IT MOST

**Ensuring the financial security of loved ones** is a paramount concern in financial planning. Your life insurance policy is a significant asset, and by putting it in an appropriate trust, you can manage how your beneficiaries receive their inheritance. This approach offers numerous advantages beyond the basic provisions of a standard life insurance policy, enhancing the efficiency and security of the payout for your beneficiaries.

**One of the primary benefits** of placing a life insurance policy in trust is bypassing the often lengthy probate process. When a policy is written in trust, the payout can be made directly to the beneficiaries without the need for probate. This means that funds are accessible much more quickly, providing timely financial support to your loved ones when they need it most.

### TAX-EFFICIENCY ADVANTAGES

Another significant advantage is the potential for tax efficiency. Trusts can help avoid or reduce Inheritance Tax on the payout, ensuring that a greater portion of the policy's value reaches your beneficiaries instead of being lost to taxes. This can make a substantial difference in the financial wellbeing of your dependents.

### CONTROL OVER DISTRIBUTION

Trusts also offer enhanced control over how and when the proceeds are distributed. With a Discretionary Trust, for example, you can specify the terms of distribution, allowing the trustees discretion in determining the timing and allocation of funds. This ensures that your intentions are honoured and provides a mechanism to support beneficiaries according to their specific needs.

### PROTECTION FROM CREDITORS

Assets held within a trust are generally protected from creditors, safeguarding the financial security of your dependents from

external claims. This protection ensures that the payout is more likely to reach your intended beneficiaries without being diverted to settle outstanding debts.

### FLEXIBILITY AND ADAPTABILITY

Trusts provide a flexible and adaptable solution for managing life insurance policies. They can be tailored to meet your specific needs and adjusted as circumstances change, ensuring that your financial planning remains robust and relevant over time. This flexibility makes trusts a valuable component of any comprehensive financial strategy.

### ENSURING FINANCIAL SECURITY

Writing your life insurance policy in an appropriate trust is a strategic decision that can significantly enhance the financial security and efficiency of the payout for your beneficiaries. By taking this step, you can ensure that your loved ones receive the maximum benefit from your policy in a timely manner, free from unnecessary delays and tax burdens.

### CHOOSING THE RIGHT TRUST FOR YOUR LIFE INSURANCE

Options available, each with distinct features and benefits:

#### DISCRETIONARY TRUSTS

In a Discretionary Trust, your trustees are granted a high level of discretion concerning which beneficiaries receive the payout and

when. This flexibility allows trustees to make decisions based on your letter of wishes, which guides them in administering the trust according to your intentions.

#### FLEXIBLE TRUSTS

A Flexible Trust includes both default and discretionary beneficiaries. Default beneficiaries are entitled to any income generated by the trust, though life insurance policies typically do not produce income. Discretionary beneficiaries, on the other hand, receive capital or income only if the trustees choose to allocate it during the trust period. If no distributions are made, default beneficiaries will ultimately receive the benefits.

#### SURVIVOR'S DISCRETIONARY TRUSTS

This type of trust is designed for joint life insurance policies, paying out to the surviving policy owner. For instance, if you pass away before your partner, they would inherit the policy. If both policyholders die within 30 days of each other, the beneficiaries can access the funds as per a standard Discretionary Trust.

#### ABSOLUTE TRUSTS

An Absolute Trust names specific beneficiaries who cannot be changed, even if circumstances such as new births or divorce occur. This trust type ensures quick payouts without lengthy legal delays and typically offers favourable Inheritance Tax implications.

#### ALIGNING WITH YOUR LONG-TERM FINANCIAL GOALS

While placing life insurance in an appropriate trust offers numerous advantages, it's crucial to weigh these benefits against potential downsides. Understanding the implications can help you make an informed decision that aligns with your long-term financial goals.



### IRREVERSIBILITY OF THE DECISION

One of the most significant aspects of placing a life insurance policy in trust is the irrevocable nature of the decision. Once the policy is committed to a trust, it cannot be withdrawn or reversed. This permanence means that individuals must be absolutely certain of their choice, as changing circumstances cannot alter the trust once established. The irrevocability demands thorough consideration and foresight, ensuring the decision fits your plans and intentions.

### LOSS OF PERSONAL CONTROL

Another consideration is the relinquishment of control over the life insurance policy. Once in a trust, any decisions regarding the policy must be approved by the appointed trustees. This can be particularly challenging for individuals accustomed to managing their financial affairs independently. The need for trustee approval can introduce complexities and delays,

especially if the trustees have differing views or interpretations of the trust's intentions.

### DURATION AND FLEXIBILITY OF TRUSTS

Trusts are designed to be long-term arrangements. Technically, a trust can last up to 125 years, especially if established for charitable purposes. However, the duration of a trust is typically tailored to fit personal circumstances. For example, a trust might be set to last until a child reaches a certain age or milestone, such as marriage. This long-term nature requires careful planning to ensure the trust remains relevant and effective throughout its lifespan.

While the benefits of life insurance trusts, such as tax efficiency and protection against probate, are enticing, it's essential to consider these potential drawbacks seriously. The irrevocable nature and loss of control may not suit everyone's situation, particularly if future flexibility is a priority. ◀

### LOOKING FOR A SOLUTION THAT BEST FITS YOUR NEEDS AND ENSURES YOUR FINANCIAL SECURITY GOALS ARE MET?

If you want to explore the benefits of writing a life insurance policy in an appropriate trust, we can provide guidance to help tailor a solution that best fits your needs and ensures your financial security goals are met. Please contact us for further information or personalised advice to take control of your financial future today.

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# ENHANCING YOUR FINANCIAL PLANS **AS YOU APPROACH 50**

STEPS YOU CAN TAKE NOW TO INFLUENCE YOUR RETIREMENT AND  
OVERALL FINANCIAL SECURITY SIGNIFICANTLY

**As you get closer to your 50th birthday**, it's natural to feel anticipation and concern about your financial future. While financial planning might not seem urgent, the steps you take now can significantly influence your retirement quality of life and overall financial security.



**This period might represent** your peak earning years, presenting a golden opportunity to enhance your retirement savings. Alternatively, you might be dealing with various financial obligations and the complexities of tax-efficient allowances.

#### REASSESSING YOUR PROTECTION COVER

A rise in salary often accompanies ageing, providing a sense of increased financial security. This can lead to more significant expenditures, such as purchasing a larger home or funding private education. Despite these improvements, it remains crucial to prepare for unforeseen circumstances. An unexpected illness or accident could have severe financial consequences for your family.

Protection solutions like life insurance, critical illness cover and income protection are essential safeguards, ensuring your family's standard of living is maintained during challenging times. Review your existing policies to ensure adequate coverage for your current lifestyle and obligations. As your circumstances evolve, so should your protection. We can tailor your cover to meet your current family's specific needs.

#### STRENGTHENING YOUR PENSION PLANS

Turning 50 is an opportune time to reassess whether your retirement savings align with your future goals. Even if your retirement plans still need to be fully developed, having a general direction can shape your financial strategy. We can project your retirement income, factoring in current savings, life expectancy, investment returns and inflationary trends.

If your pension fund is deficient, adjusting your contributions can dramatically increase your savings, bolstered by the tax advantages associated with pension contributions. We'll evaluate your pension portfolio's performance and fees to ensure your investments are optimised for growth. Diversifying your investments and recalibrating your risk exposure as you near retirement can also help secure your financial future.

#### OPTIMISING TAX ADVANTAGES

Harnessing available tax allowances can significantly improve your financial status as you approach this significant milestone. Up to £60,000 annually (tax year 2024/25) can currently be saved into a pension without paying tax. This is called the 'annual allowance', which resets at the start of each tax year. You might also be able to leverage unused allowances from previous years, adding flexibility to your financial strategy. Within the annual allowance limits which include any contributions from your employer, your own contributions shouldn't exceed your earnings in the tax year of payment.

Individual Savings Accounts (ISAs) offer another efficient investment route, permitting savings of up to £20,000 annually (tax year 2024/25) without tax penalties on withdrawals or gains. Taking full advantage of these allowances requires strategic planning. We can help you navigate these opportunities, ensuring you capitalise on all available benefits.

#### SECURING YOUR LEGACY WITH A WILL AND LPA

Establishing a Will is prudent at any stage in life, particularly as you near 50. This document directs the allocation of your assets, safeguarding your family's future. A Lasting Power of Attorney (LPA) should also be considered, allowing trusted individuals to manage your affairs if you become incapacitated. This measure protects your interests, minimises family disputes and ensures your wishes are respected.

Review your estate plan regularly to account for changes in your personal or financial circumstances and ensure your arrangements align with your intentions.

#### GAINING CLARITY THROUGH PROFESSIONAL FINANCIAL ADVICE

The intricacies of financial planning can be overwhelming, especially as your financial landscape grows more complex. Professional

guidance demystifies investment choices and optimises your retirement savings strategy.

Is now the time to reassess your financial plan with our expert assistance? We can enhance the tax efficiency of your investments and verify your readiness for a secure and fulfilling retirement. ◀

#### LOOKING TO START BUILDING A BRIGHTER, MORE SECURE TOMORROW?



Take the next steps towards securing a stable financial future for yourself and your loved ones today. Embrace the peace of mind that comes with proactive financial planning and expert guidance. Contact us now for personalised advice tailored to your unique needs and start building a brighter, more secure tomorrow.

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# BUILDING A DIVERSIFIED INVESTMENT PORTFOLIO

## WHY IT'S IMPERATIVE TO CONSIDER YOUR OBJECTIVES AND ATTITUDE TOWARDS INVESTMENT RISK

**Constructing a diversified investment portfolio is crucial for safeguarding your wealth against market fluctuations.** Diversification involves spreading your investments across various asset classes, sectors, regions and countries. However, tailoring your portfolio to your unique circumstances – such as your financial goals and investment timeline – is equally important. Before assembling your portfolio, it's imperative to consider your objectives and attitude towards investment risk.

### UNDERSTANDING RISK AND INVESTMENT TIMEFRAMES

Typically, the longer your investment horizon, the more risk you can afford to assume if appropriate. This extended timeframe allows you to recover from potential losses during volatile periods. The last scenario you want is to experience a decline in investment value just before a planned withdrawal. If you're nearing retirement or already retired, you might prefer safer investments like cash and fixed-interest securities. Conversely, younger investors with a lengthy investment outlook might allocate a larger portion of their funds to equities.

### KEY CONSIDERATIONS FOR PORTFOLIO CONSTRUCTION

When constructing your portfolio, reflect on your goals and whether you are saving for the short, medium or long term. Ideally, aim for a minimum investment period of five to ten years. Acknowledge that investment values can fluctuate, and while investing carries inherent risks, equities have historically outperformed cash over extended periods. Align your investments with your risk tolerance, ensuring you only invest what you can afford to lose.

### THE IMPORTANCE OF DIVERSIFICATION

Regardless of your risk approach, diversification is essential to prevent reliance on a single investment type. This involves allocating funds across various asset classes, including cash, fixed-interest securities like corporate bonds and gilts, and equities. Some asset classes exhibit a negative correlation, meaning they react differently to economic changes. If one portfolio segment underperforms, other investments counterbalance losses, stabilising overall performance.

### EXPANDING DIVERSIFICATION WITHIN ASSET CLASSES

Even within specific asset classes, further diversification is possible. Consider international investments or sector-specific allocations. If income generation is a priority, broaden your investment scope. Fixed interest has traditionally been favoured for income, property and infrastructure, and some private equity firms offer viable alternatives. No investment guarantees returns, but a well-balanced, diversified portfolio should endure market turbulence.

### ROLE OF PROFESSIONAL FINANCIAL ADVICE

Building a diversified investment portfolio tailored to your personal circumstances can be daunting. This is where professional financial advice becomes invaluable. We can construct a balanced portfolio aligning with your needs, whether your aim is capital growth or income generation. Regular portfolio rebalancing ensures continued alignment with your long-term objectives, giving you confidence that your investments are optimised without undue risk exposure. ◀

### READY TO DISCUSS THE RIGHT TAILORED INVESTMENT SOLUTIONS FOR YOUR GOALS?

Please contact us to develop a strategy that helps you achieve your financial goals and realise your ambitions. We are ready to assist in structuring a plan tailored to your individual needs, ensuring that your investments work as hard as you do.

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THE VALUE OF YOUR INVESTMENTS CAN GO DOWN AS WELL AS UP, AND YOU MAY GET BACK LESS THAN YOU INVESTED.

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